

# THE ORACLE.

EXPONENT OF THE WEST GATE PHILOSOPHY.

ISSUED MONTHLY.

CHARLES H. MACKAY, - - - - - Editor and Publisher.

VOL. 2 BOSTON, MASS., OCTOBER, 1896. No. 4.

## Your Hidden Resources.

Do you know that you possess forces which, developed and wisely guided, will raise you into a new world? A world where you will no longer be dominated by congenial environment and where you will be perfectly free, yet servant of all, for you will then be a leader and adviser of those who need you. Why be content to accept a course in life so far below your ideals? Have you not the strength of purpose to peer over the wall of physical creation? If you haven't this purpose then, it seems to me, you are groping along below your possibilities. God has placed you in the garden and He lovingly and patiently awaits the result. You are—or *should* be—absolute king and ruler over your possession and you are free to make of it just what you will. Now will you reclaim it and fill it with beautiful and useful things or will you allow it to go uncultivated and neglected—a burden to yourself (your higher self) and an object of pity to those who love beauty and order? It is all for you to decide as to which path you will take, but you cannot follow both. Do not drift. Awaken and be active. Heaven knows there is work enough for you to do. Fit yourself to do it and your rightful sphere of life will open up to you. All power is yours if you will only awaken from your lethargy of dreaming and take a positive instead of negative attitude. Are you ready to take this step towards your complete emancipation from all earth's "evils?" Are you ready to spiritually take my hand and co-operate with me in my determination to bring light to the chosen few?

Let me show you that it is not uncongenial environment nor lack of success in finance that causes you unrest; neither is it from your so-called "misfortunes" or ill luck. Your failure to find peace and the reason you miss your rightful inheritance of absolute freedom is because of your neglect of the powers in embryo which you have possessed from the first. Make the most of these and know that now, as in the Master's time, the "Kingdom of heaven is within."

### The Moon's Position by Hours, Oct. 1896.

#### EASTERN TIME.

Moon enters the sign ;

Aries,	Oct. 19	at	4 a. m.
Taurus,	21		10 p. m.
Gemini	24		9 a. m.
Cancer	26		2 p. m.
Leo	28		6 p. m.
Virgo	31		1 a. m.
Libra	Nov. 2		8 a. m.
Scorpio	4		12 noon.
Sagittarius	6		10 a. m.
Capricornus	8		6 a. m.
Aquarius	10		6 a. m.
Pisces	12		4 p. m.
Aries	15		11 a. m.
Taurus	18		5 a. m.

New moon, Oct. 6th, at 5 p. m.

Full moon, Oct. 21, at 11 a. m.

Conjunction of the moon with :

Jupiter, Oct. 3, at 9 p. m.

Mercury, Oct. 6, at midnight.

Venus, Oct. 8, at 1 p. m.

Saturn, Oct. 9, at 1 a. m.

Uranus, Oct. 6, at 8 a. m.

Neptune, Oct. 25, at 6 p. m.

Mars, Oct. 26, at 11 a. m.

(2nd) Jupiter, Oct. 31, at 3 p. m.

Venus and Saturn will be in conjunction Oct. 15, at 3 p. m., with Venus a little more than two degrees south. Venus and Uranus in conjunction Oct. 19, at 2 a. m. with Venus less than one degree south.

—Here is an extract from one of the numerous kind letters recently received: "I enclose fifty cents to renew subscription to the ORACLE. The dear little journal is such a help to me, I don't want to be without it. The W. G.

teaching has been of inestimable value to me in passing through the discipline which has come into my life within the past two years." Another subscriber has these pleasant words to offer: "Enclosed you will find one dollar as subscription to the ORACLE for the ensuing year. The old rate was perfectly satisfactory to me, as it must be to all who fully appreciate its worth."

### West Gate Fables.

#### THE STUPID ACCOUNTANT.

An Accountant, employed by a Large Corporation, was especially noted for his Honesty, Faithfulness and Perseverance. Had he not possessed these virtues he could not have Held Down his Job, for in some respects he was intensely idiotic. When the Large Corporation first engaged him a Ruler was placed upon his Desk. This Ruler was bound upon one edge with a thin strip of Brass and was very nice to guide the Pen in making Straight Lines in the Books of Account. The other edge was of wood and quite rough and uneven, so that when the Pen was drawn across it the result was Crooked and ugly Lines. Unfortunately the Accountant chanced to use the rough edge of the Ruler when he commenced his duties and although he continued in the service of the Corporation many years he failed to discern that there was a Smooth side to the Ruler. He frequently noticed that his lines had a Dizzy appearance and once tried to remedy the matter by shaving the Rough Edge with a Plane. But the Plane was dull and he failed in this, so his Lines continued Crooked. Thus he went on until at last he was about to leave his Job. One week before the date of leaving he suddenly discovered the Brass Edge and its use. Then it was that he was much disgusted at his short sightedness and he marvelled that he could have made all those Ugly Lines and disfigured his Books of Record when the Smooth Edge and the Straight Lines were so closely at hand.

Moral: Fix a moral to suit your individual case and often think it over in "fear and trembling."

### Libra People.

SEPT. 23—OCT. 23.

As we put Virgo people last month somewhat in the "of the earth earthy" list, it is perhaps but a matter of equilization of things to put their near associate at an opposite extreme. It is certain that our friends of Libra have too little of the animal force and the positiveness of the Virgo people. Libra runs wild over the ideal and you will often note an abnormal development of the forehead, and a dreamy expression in the eyes which frequently foretell that the possessor is living far above the clouds in some air castle entirely unfit for a dweller in the flesh. Now and then we find a Libra person with a fine, robust physique to balance the intense spiritual proclivities. When this combination is present then you may look for a person who will make an impression upon the age in which he lives. We might instance Thomas B. Reed as a good example of this equilibrium of the etherial and material forces. This people belong to the air triplicity. The other members of this trio are Gemini (May 20 to June 21) and Aquarius (Jan. 20 to Feb. 19). Companions and business associates born in either of these signs will usually be found very agreeable and harmonious. Well known Libra people are herewith named: Francis E. Willard, born Sept. 26, 1839; Geo. Bancroft, Oct. 3, 1800; R. B. Hayes, Oct. 4, 1822; C. A. Arthur, Oct. 5, 1830; Madame Helena Modjeska, Oct. 12, 1844; Noah Webster, Oct. 16, 1758; Thomas B. Reed, Oct. 18, 1839.

NOTE.—We have thus far published brief delineations of people born in March, April, May, June, July, August, September, and October. Back numbers of the ORACLE will be supplied at ten cents each. Volume 1, complete, one dollar.

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The West Gate Brotherhood is a purely spiritual order. No dues, no by-laws, no membership fee. You have merely to write me that you are desirous of becoming connected with the movement, enclosing a stamp for return of your membership certificate and your name will be promptly enrolled.



—A bright, intelligent lady who has been in the Christian Science line of thought for some years writes me as follows: "I have just been reading some of the good things in September ORACLE. I wonder if I am still at the 'foothills of the towering mountains of God' after ten years of climbing and striving to reach the elevation where the outlook is all beautiful and serene? It is difficult to attain when there are so many material obstacles to stumble over. I want to say that with all my affirmations and denials, and after taking treatments of several Christian Scientists and Metaphysicians, I am still in chains to a belief in ———. I have not employed any medicine for the cure but have tried to acknowledge God in all ways. What hinders me from being every whit whole?" Perhaps a principle cause of this woman's condition is shown in this sentence from another section of her letter; "A drinking, passionate husband, without self-control, has been the undoing of many a pure, high minded woman." My reply to this letter is given herewith for the benefit of a great many whose misfortunes are strikingly similar. . . You speak of "obstacles." These are not to "stumble" over; they are for you to *climb* over, into the midst of unending light. Without these obstacles where would you have been today? You would have been in the chair of ease, as the present age is prone to call prosperity and wealth and social prestige. Not but that these things are good to possess after one has overcome and climbed over the obstacles, but never before. I'll tell you about your physical weaknesses. First face them in a positive manner. Abolish the senseless theory that "there is no pain; there is no evil; there is no disease." Rather assert "there is disease, there is overwhelming proof of it in my discordant body, but this comes to me because of previous error and I will overcome it." Simple warm water drinks, bathing of the parts frequently in water as hot as you can bear, self massage of the small of the back, the abdomen and the breasts, will do wonders to emancipate you from these conditions. Then sleep by yourself and remain by

yourself a large portion of the time, holding your magnetic forces for the self-healing process. Devote fifteen minutes each evening to a silent concentration and for health forces from the West Gate Invisibles. Hold the mind in the way of faith and keep it evenly balanced and you are healed.

—The best laid plans of the physical sense consciousness result in disappointment, and thus it always is when darkness is the leader. We sum up our heaven and centre it upon an illusion; the illusion vanishes and we suffer. This is a part of the "first death." H. C. H.

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FOR THE ORACLE.

### **The Soul that Sleeps.**

Oh Soul ! how deep in slumber,  
The busy years slip by,  
And steps that lead to mountain tops  
You cannot e'en descry.  
Thy Brothers on the journey,  
Are near the pearly gate,  
While you are still in dearth,  
Of all thy lost estate.

Oh Soul ! Awake from sleeping,  
Bid Eden come again,  
There's no regret in weeping  
For any loss or stain ;  
But in the Day now dawning,  
With eyes fixed on the goal,  
Behold the radiant morning,—  
Sweep grandly in, oh Soul!

ABBIE A. GOULD.

Moline, Ill., July, 1896.

NOTE.—This poem was inspired by the article recently published in the ORACLE under the same title. Mrs. Gould has published some beautiful poems and they have been pretty widely read and admired. She is about to issue a volume of her choicest verse and we wish her much success.—ED.

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### **Physical Development.**

#### **PART VII.**

BY DOUGLAS F. HOTCHKISS.

(s) Place the hands in front of the body. Raise them, palms down and with straight elbows, directly over the

head. Return. This is also a valuable chest exercise if the chest is thrown forward and up while raising the arms. It may also be accompanied by the breathing exercises.

(t) Turn the body to the right at the waist line. Continue as in (s). Turn the body to left at the waist line. Continue as in (s).

(u) Lying flat upon the floor, raise the legs with straight knees until they form a right angle with the torso. Reverse the exercise by keeping the legs on the floor and raising the body to an upright position.

### Miscellaneous Exercises.

(v) Advance the left foot the length of an ordinary step; throw the weight of the body upon it and, as slowly as possible, lower the body until the knee of the right leg touches the floor. Care should be taken to keep the body in an upright position, the chest active and the arms relaxed and hanging loosely at the sides. Return to the standing position as slowly as the body was lowered. Repeat with right foot advanced.

(w) Excellent muscular development can be obtained by twitching, or contracting and relaxing the muscles of the body at will. This method may require a longer time than many others, but it is the surest and safest.

(x) Beautiful expression can be given the hand by bending the first joint of the fingers, then the second joint, then the third joint. Then fold the thumb over the fingers in the same succession. Care should be taken to bend only one joint at a time. In unfolding the hand begin with the third joint of the thumb, then straighten.

It is suggested that each of us desire to know from the Inward Monitor just what exercises should be used in each individual case. The foregoing exercises will be found useful in a general sense to those of us who are in need of physical development, but each one of us needs some particular exercise, and if we are willing, the Highest will guide us in this, as in all matters.



The attention of many of us will be directed to straightening the second joint of the thumb, then the first. Then straighten the third joints of the fingers, then the second, then the first. Use the left hand to close the right one as described, then the right one to close the left one. This exercise is in obedience to the law of succession.

Brief mention has been made of the laws of succession, opposition and parallelism. These three laws underlie all motion as well as much else, and the student who obeys these laws soon enters into a consciousness to which before he was a stranger.

*Cultivation of the Chest and Visceral Vitality* Let us obey the slightest Higher promptings in connection with these two matters—matters of vital importance.

(CONCLUDED.)

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This Journal is published in the interests of all people who are struggling with environment; who are seeking a comprehension of the earth mission; who are striving to know the scope and the right uses of the dormant powers of the "Temple of the Holy Ghost," namely, the human body.

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A Journal of Progress, Dedicated to the People of High Ideals

HERALD OF A NEW SYSTEM OF OCCULT TRAINING.



We have no enemies and we have no misfortunes or adversities. All these are merely to test our strength and if we possess the will to climb they shall become as stairs to our feet. Thus, as we silently pass upward our "enemies" make our footstools.



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